



## USEFUL INFORMATION ROUND SCAMS

Action Fraud – Contact them if you have been scammed or have identified a scam.  
<https://www.actionfraud.police.uk/>

0300 123 2040

Forward suspicious texts to 7726 – will go to network operator / block and report as spam using your phone

TAKE 5

[Take Five - To Stop Fraud | To Stop Fraud \(takefive-stopfraud.org.uk\)](https://www.takefive-stopfraud.org.uk/)  
<https://www.takefive-stopfraud.org.uk/>

THINK JESSICA

[Think Jessica | Protecting elderly & vulnerable people from scams](https://www.thinkjessica.com/)  
<https://www.thinkjessica.com/>  
[advice@thinkjessica.com](mailto:advice@thinkjessica.com)

[Think Jessica Film Link - https://www.youtube.com/watch?v=ZwXMsG2xkcM](https://www.youtube.com/watch?v=ZwXMsG2xkcM)

## FINANCIAL CONDUCT AUTHORITY

<https://www.fca.org.uk/>

RSPCA NATIONAL CALL CENTRE

0300 1234 999

Suspect emails “phishing” – [report@phishing.gov.uk](mailto:report@phishing.gov.uk) National Cyber Security Centre

Local Trading Standards Office - <https://www.gov.uk/find-local-trading-standards-office>

Serious Fraud – National Fraud Office - <https://www.gov.uk/government/organisations/serious-fraud-office>

Victims support - 08081689111

Bill Cowley – Community Relationship Manager

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[www.homeinstead.co.uk](http://www.homeinstead.co.uk)

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